



CREATING CONFIDENCE TO CARE

Emergency First Response training focuses on **building confidence** in lay rescuers and increasing their willingness to respond when faced with a medical emergency.

Course participants learn **simple to follow steps** for emergency care and practice applying serious medical skills in an upbeat, positive environment reenacting real life scenarios.

Red Sail Sports offers 2 courses, available to corporate participants, which are based on **internationally recognised medical guidelines** for emergency care.

CPR & AED Course CI\$50

This half day course focuses on CPR training and teaches participants how to operate an Automated External Defibrillator.

Primary & Secondary Care Course CI\$60

On this full-day course, we will extend beyond the CPR & AED training to include:

- Basic first aid administration
- Accidents in the workplace
- Choking victims
- Breaks and Bleeds
- Long awaited EMS care



GET YOUR TEAM **EFR CERTIFIED**

Contact our dive staff for more information and to book



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